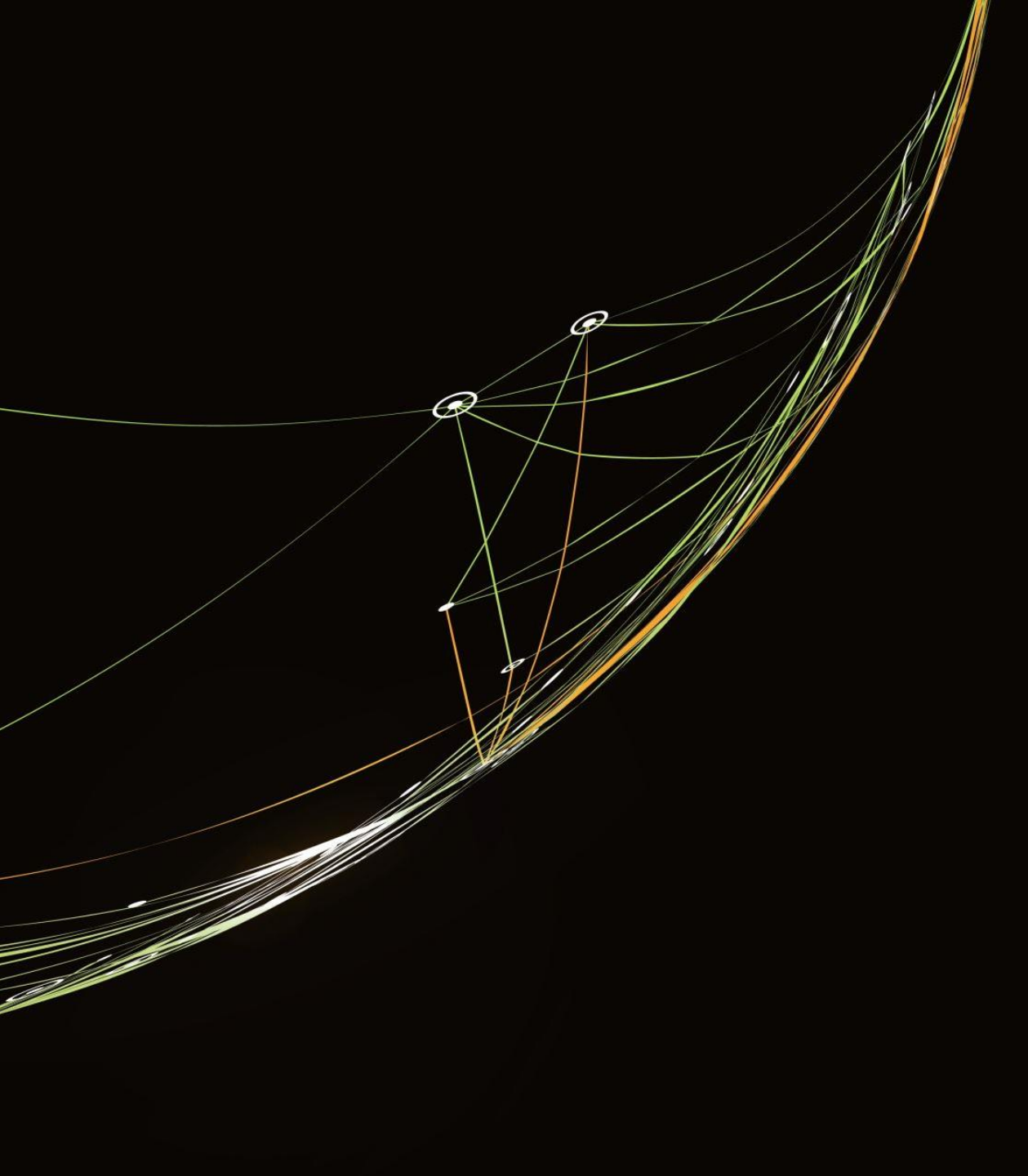


RE-IMAGINING THE VOLUNTEERING EXPERIENCE: DELVING INTO THE HEART OF THE MATTER

3 Key Learnings from the Presentation:

- 1. Emotions as Catalysts for Volunteer Engagement**
- 2. Breaking Down Barriers to Participation**
- 3. Psycho-social Benefits of Volunteering**



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Emotional
pathways to
empowered
Volunteer
Engagement

“Never doubt that a small group of thoughtful committed individuals can change the world. In fact, it's the only thing that ever has”

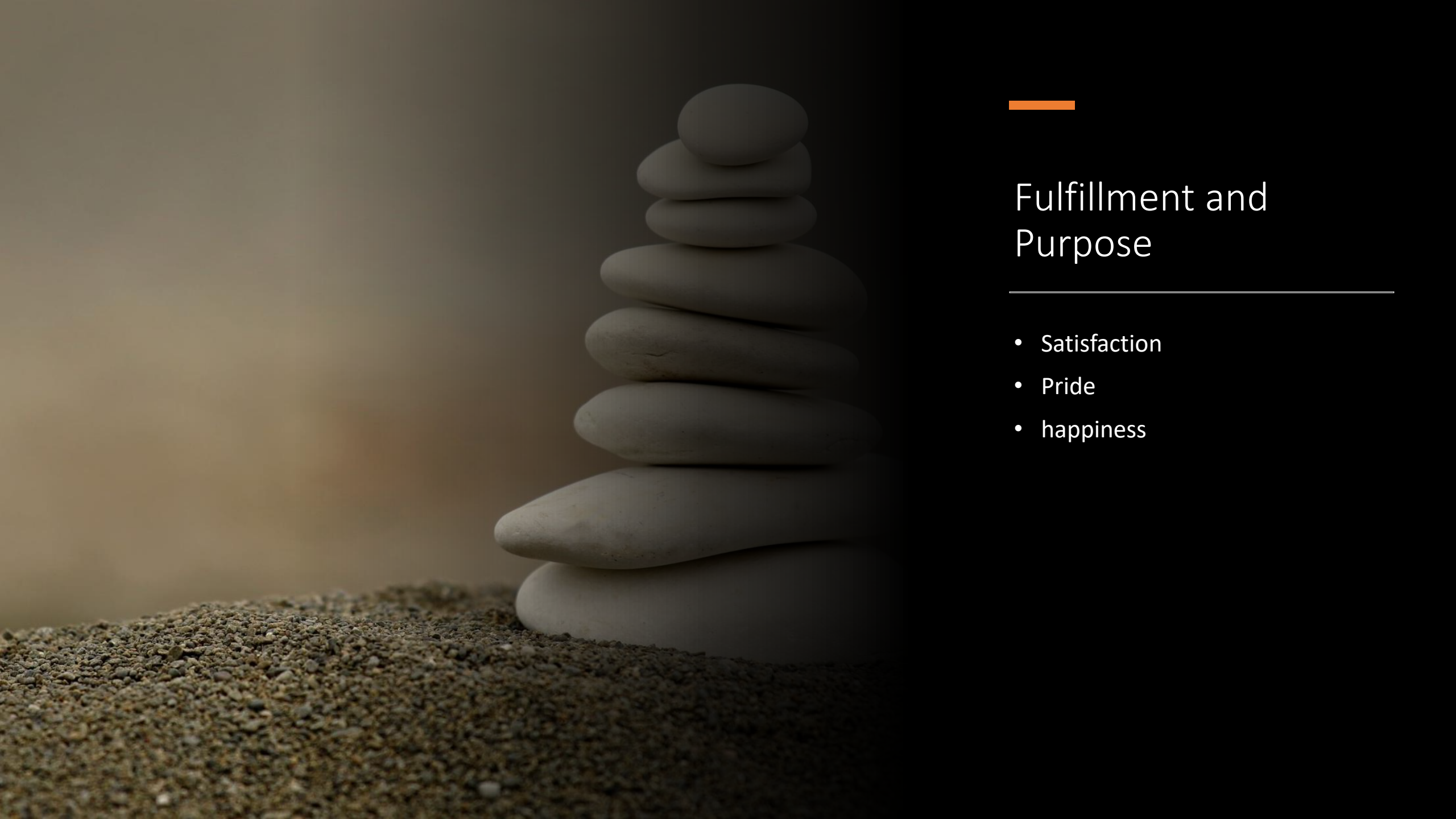
Margaret Mead, Cultural
Anthropologist

Lauren's story



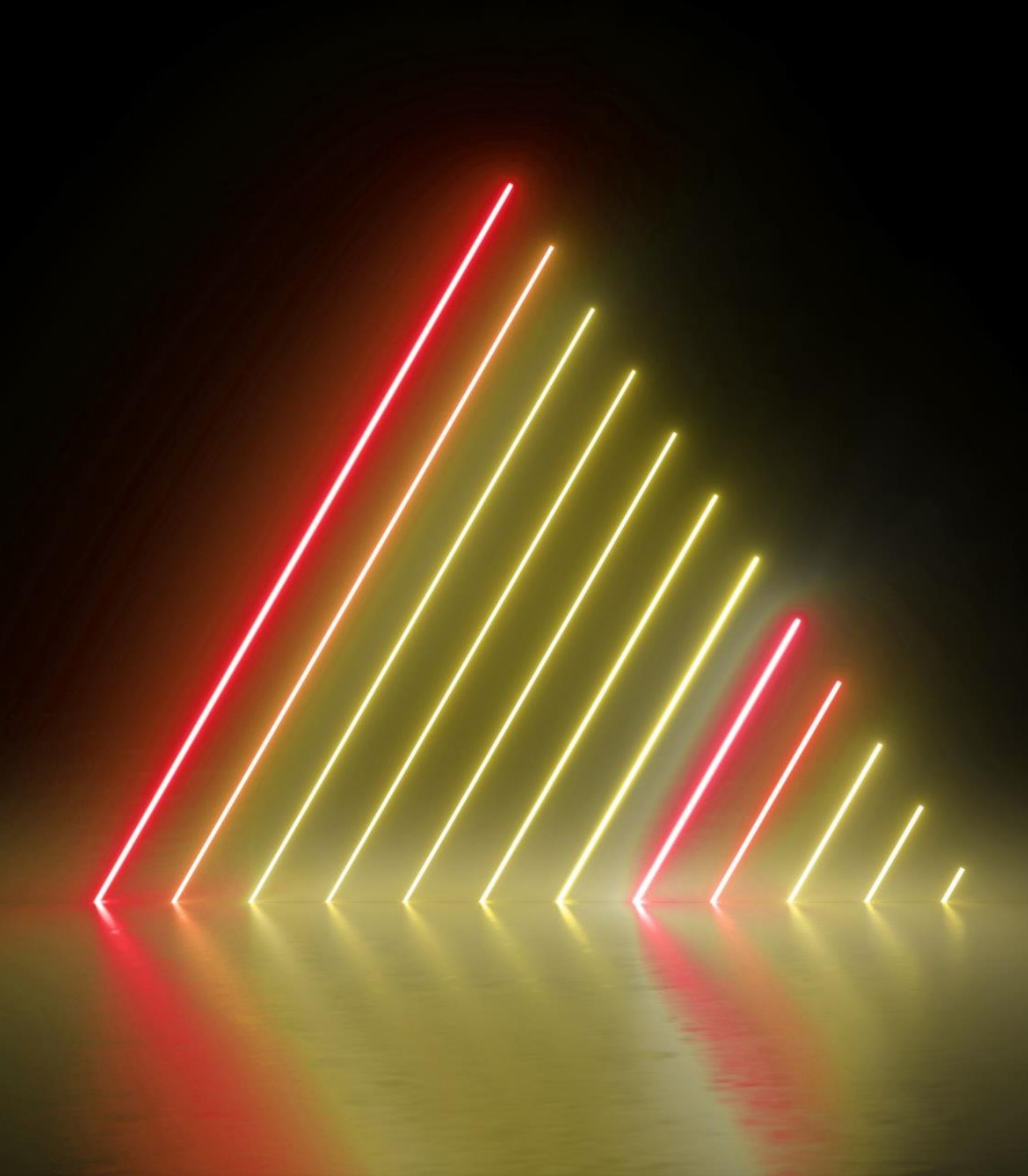
Personal Growth

From initial apprehension to a sense of achievement



Fulfillment and Purpose

- Satisfaction
- Pride
- happiness



I Volunteer because

- Volunteer Testimonials



Often we set out to make a difference in
other people's lives only to discover we
have made a difference in our own

Ellie Braun Haley

Belonging and Connection

-
- Camaraderie
 - Friendship
 - Solidarity



Kates Video

It's in telling our stories,
and sharing common
purpose that we find
connection and community

Ivanka Sokol



Empowerment and Impact

Empowerment

Efficacy

Accomplishment

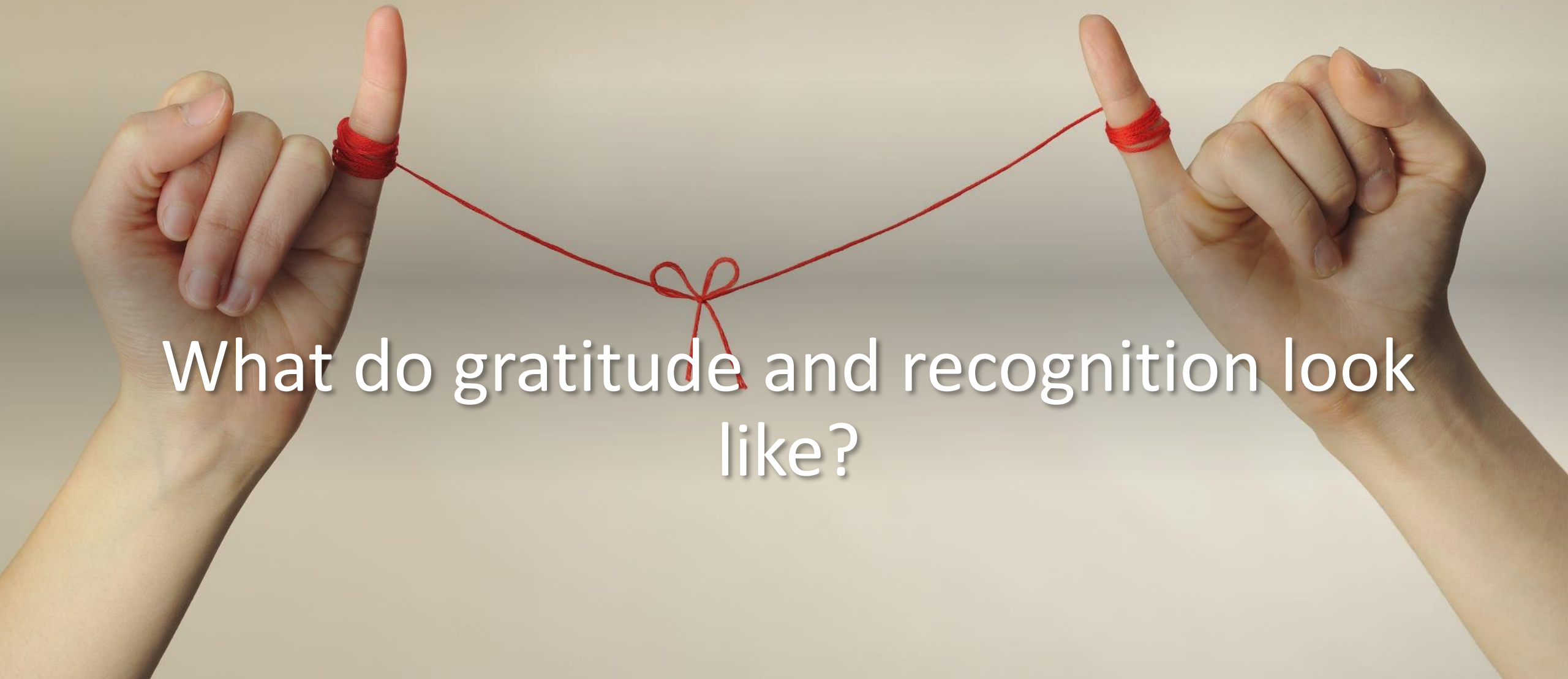
A top-down view of a desk with a smartphone, pencil, notebook, glasses, keyboard, and coffee. The items are arranged on a dark surface. The text 'Ayvi shares her story' is overlaid on the left side of the image.

Ayvi shares her story

A photograph of two hands, one on the left and one on the right, holding a red string. The string is tied in a small bow in the center. The hands are positioned as if they are holding the string taut. The background is a plain, light-colored surface.

Gratitude and recognition

Gratitude and recognition




What do gratitude and recognition look like?

Joy in Giving





Leading with Emotional Intelligence



Emotional intelligence and inclusive leadership is the art of recognising, understanding and harnessing the power of emotions to inspire, motivate and lead others towards a shared goal

Delving into The Heart of The Matter

Elaine Healy

Manager
Volunteer Engagement
UnitingWA

